

# SPA

at the rustic

## MASSAGE

THERAPEUTIC | 50, 65, 80 Minutes \$159, \$189, \$219

A massage customized to your needs using organic oils and a variety of techniques to relax, rejuvenate and revive your body and mind.

DEEP TISSUE | 50, 65, 80 Minutes \$164, \$194, \$224

Relieves muscles that are achy, sore or in chronic pain. This massage specifically targets areas of tension. Perfect after a long day of exploring Jackson Hole.

AROMATHERAPY | 50, 65, 80 Minutes \$169, \$199, \$229

Choose from a variety of aromatherapy blends to add to your massage experience.

MOUNTAIN TUNE-UP | 30 Minutes \$119

A perfect focus treatment for when you just need to replenish one or two areas of the body. Or choose a relaxing 'head, hands and feet' option.

EXPECTANT MOTHER MASSAGE | 50, 65 Minutes \$169, \$189

Relieve aches and pains in your 2nd or 3rd trimester with a relaxing massage safe for you and your baby.

We do not recommend receiving massage in the 1st trimester.

## COMPLIMENT YOUR MASSAGE

ARNICA OIL UPGRADE | \$15 Additional Charge

This luxurious oil is grown here in Wyoming and helps relieve muscle aches and pains. A wonderful addition to a deep tissue massage.

HOT STONE UPGRADE | \$15 Additional Charge

Your therapist will warm your muscles up with hot stones to enhance your massage experience.

HYDRATING FOOT TREATMENT | \$10 Additional Charge

Enjoy a hot stone massage on your feet to help penetrate our healing and nourishing peppermint foot balm.

## SOAKS

Unwind with a bath soak al la carte or added on to your massage or scrub | 20 Minutes \$69

HONEY AND MILK | Soften and beautify your skin, chamomile added for total relaxation.

MOOR MUD EXTRACT | Humic Acid helps relieve stress, pain and inflammation.

EPSON EUCALYPTUS | Soothe aching muscles and heal skin cells.

To schedule an appointment please call or email

**307-203-0200**

rusticinnspace@gmail.com | rusticinnatjh.com

475 NORTH CACHE, JACKSON



## BODY TREATMENTS

### EXFOLIATING SUGAR POLISH | 30 Minutes \$119

Restore your skin's luster with this amazing sugar polish followed by a hydrating organic coconut oil. You will leave with silky smooth skin and a healthy glow.

### MOOR MUD WRAP | 55 Minutes \$189

Experience miracle mud from an ancient lake bed in Canada. This detoxifying treatment reduces muscle tension, refreshes skin, rids the body of toxins and eliminates fatigue. Treatment includes a loofah exfoliation, a relaxing wrap and a cocoa shea butter application.

### SEAWEED ALGAE CLAY WRAP | 45 Minutes \$174

Stimulate your metabolism and detox with a wrap that includes a light exfoliation followed by Seaweed Clay painted on the body and finished with a softening calendula oil.

### RENEWING ROSE WRAP | 70 Minutes \$209

This luxurious Wrap uses one of the purest forms of Rose available to deeply hydrate and replenish the skin and the mind. We start with a polishing exfoliation of ground olive pits. Then we wrap the body with a restoring Rose Serum and follow with an intensely hydrating Rose Butter Cream. The ultimate in relaxation.

## HAIR & SCALP

### TREATMENT | 15 minutes \$69

A quick escape or addition, this treatment calms the mind with a soothing scalp massage followed by an ayurvedic hair oil that promotes soft, silky hair. Perfect if you want an excuse for extra time in the steam room.

## SPA ETIQUETTE

Due to being a small and sought after spa, we encourage you to book as much in advance as possible. We highly recommend calling at least 48 hours in advance. We request that you arrive 10 minutes prior to your appointment to allow time to check in. If you need to change or cancel a spa appointment please notify us at least 24 hours in advance or you will be charged half of your treatment value.

Due to it being a contraindication to massage, you cannot receive treatments when you are sick or not feeling well. Alcohol is not recommended before or after your spa treatment. We reserve the right to refuse service to any guest at any time.

**20% gratuity will be added onto all spa services.**

**Ask about our therapeutic cupping, private yoga instruction and our in room massage options.**